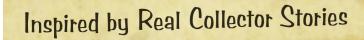
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LONDON 81

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KNIGHTS DOWN A FEW: 'PLAYERS

WITH A RECORD NUMBER OF NHL CAMP INVITEES SCATTERED ACROSS NORTH AMERICA, LONDON IS UNDERMANNED FOR FRIDAY'S EXHIBITION GAME PAGE 19



Woman had high hopes for unborn 'child'

London woman stopped at Colombian airport for allegedly faking pregnancy to hide 2 kilos of cocaine in fake rubber belly

'How clueless ... can you be'

On the 12-year anniversary of the Sept. 11 terrorist attacks in New York City, Logan airport in Boston holds a fire drill — complete with smoke and flames

Extra! Extra! **Celebrity** talks Syria

In fairness, R&B singer John Legend also talks about his new album (released last week), upcoming wedding and Kanye West

Friday's **Jackpot**

NEWS





'Statistical anomaly'.

Homicide victims in London are more likely to be dismembered: Expert in criminology



DONACHIE

An expert in criminology has made a grim claim in the wake of London's second grue-

some homicide this year.

The city, according to Western University's Dr. Mike Arntfield, represents a "statistical anomaly." In short, its homicide victims are more likely to have been dismembered.

Such killings are rare, he said, but two of London's three murders so far this year have involved dismemberment. By comparison, Toronto has a dismemberment every three to four years, on average, Arntfield said.

"London has always differed from national and evening international trends when it comes to bizarre murders," said Arntfield, the founder of the Western Cold Case Society, which looks into unsolved killings.

He said London was "notorious" for sex killings through the late 60s and 70s, and he believes a trend for unusually violent murders has

continued down the years, including a series of homicides from 1968 to 1983, which were linked by wads of tissue or other items pushed into the victims' mouths.

Arntfield was also careful to say he could not comment on this year's murders, because he didn't know their details, but he did say that having these dismemberments within months is "statistically extremely rare."

There needs to be more research into London's murders by academics, he continued, so the field of criminology can discuss what he sees as a

"What is it about London that predisposes it to these cycles of statistically rare homicides?" Arntfield asked. "There are a number of noteworthy homicides in London's recent history, over the past 30 years.

"The things that go on in London seem to be consistently atypical in terms of MO how the murder is committed - and what we call signature. That's things that show a killer's personality and fetishes."

But he also thinks the city does "fit in a larger pattern well-publicized killings nationally involving levels of violence and post-mortem defilement of a corpse."

One example is Luka Magnotta, who is accused of killing and dismembering a man in Montreal then posting a video of the killing online.

Arntfield thinks the online element, and the attention it gains a killer, is fuelling this type of crime.

2013 homicides in London

- London police have named the victim of the Sunday homicide at the Travelodge on Exeter Road as Alex Fraser, 20, from Orangeville.
- The postmortem on the victim is ongoing, but the police have said he died as a result of a stabbing and his body was dismem-
- Already charged with second-degree murder
- and committing an indignity to a body is James McCullough, also 20 and from Orangeville.
- In March 2013, a double killing was reported in an apartment on Fiddlers Green Road.
- Jason Cleveland, 38, is charged with two counts of second-degree murder and one count of committing an indignity to a human body.



Ethan Golovchenko, 10, meets London cops Wednesday as they help the Make-A-Wish Foundation give him a day to remember. Turn to page 2 for the full story. MIKE DONACHIE/METRO

NEWS metronews.ca Thursday, September 12, 2013



Firefighters remember the fallen on 9/11 anniversary

Members of the London firefighters association gather Wednesday at the central fire station to remember those killed in the Sept. 11, 2011, terrorism attacks in the U.S. and to pay tribute to 22 fallen London firefighters dating back to 1855. Fire departments across North America held similar ceremonies Thursday. MARK SPOWART/FOR METRO

Little wish, big reward

Make-A-Wish Foundation.

Lights, sirens fill neighbourhood as boy's simple wish for a backyard swing set comes true



MIKE DONACHIE mike donachie@metronews.ca

Like a scene from a movie, cops filled a London street Wednesday.

There were squad cars with lights flashing, the tactical response unit in their armoured truck, the canine team and even Chief Brad Duncan.

Worried neighbours came to their doorsteps to find out what was wrong, but there was no crisis.

The cops were there to meet Ethan Golovchenko, a 10-year-old boy fascinated by police.

It was all part of an amazing day organized by



Make-A-Wish Foundation of Southwestern Ontario, whose volunteers create experiences for children with life-threatening illnesses. Golovchenko suffers from tuberous sclerosis complex, a rare disease which causes tumours and lesions on his organs, including his brain.

His first surprise when he came home from school was to find his backyard filled with 40 people — volunteers, family, friends and the media.

His wish, passed to the charity, was for a backyard swing set, so Home Depot staff were there to build it for him. It came complete with a slide, a climbing wall and monkey bars.

Overwhelmed by the gift, which included an electric police car he could drive himself, Golovchenko managed only a whispered "thank you."

But there was more. Hidden down the road were the cops, and, with lights and sirens going full blast, they arrived to salute the little box

"Our guys love doing this," chief Duncan grinned, after he presented Golovchenko with gifts including a toy police dog and a pair of patches for his shirt. Exactly the same as the ones worn by the real cops, the patches were a new type never given to another civiliars."

Then, Golovchenko had a tour of his neighbourhood in a squad car.

Part of the funding for the swing set came from 15-year-old Ashleigh Beacham's swim across Lake Ontario in August. She was there to see the dream come true.

Mom says

"This is amazing. He's totally overwhelmed. Oh my gosh."

Anita Golovchenko, Ethan's mother

Colombia. London woman's alleged drug delivery aborted

In a novel drug-trafficking scheme described by Colombian officials, a London woman allegedly faked a pregnancy and hid two kilograms of cocaine in a fake rubber belly to evade detection.

Tabitha Leah Ritchie, 28, was at Eldorado Airport in Bogota, Colombia, while trying to board a Toronto-bound Air Canada flight Wednesday afternoon.

"The Canadian citizen insisted that she had seven months of gestation and she behaved quite aggressively," said Col. Esteban Arias Melo, assistant director of Anti-Narcot-

ics of the Colombian National Police.

According to Arias, Ritchie was intercepted by uniformed personnel who noticed her advanced state of pregnancy and asked when she was due.

He said Ritchie expressed disgust at the question, which prompted an officer's curiosity. Ritchie was sent for further inspection after the officer touched her belly and found it "too hard and extremely cold."

Officials said they subsequently found two sealed bags of cocaine, worth \$60,000, hidden under the woman's fake belly.

Arias said Ritchie entered Colombia on Aug. 6. She is charged with trafficking, carriage and fabrication of narcotics. If found guilty, she could face a jail sentence of five to eight years in Colombia.

To date in 2013, Colombian officials said 238 people have been arrested on charges of trafficking narcotics through the country's international air terminals, including 94 foreigners.

Foreign Affairs and International Trade Canada did not respond to an inquiry into Ritchie's arrest and detention.

Top 200

Western named to top school list

Western University has made it onto a list of the top 200 universities in the world.

The university tied with National Tsing Hua University in Taiwan for the last spot in the rankings, put out annually by London, England-based Quacquarelli Symonds

(QS).
Western is one of
11 Canadian schools to
make the list. The others
in Ontario were Queen's
University, University of
Waterloo, McMaster University and the University of Toronto. METRO

Correction

The Man Booker Prizewinning novel Life of Pi was written by Canadian author Yann Martel.

Metro incorrectly identified the book's author as Michael Ondaatje in a story on page 3 of Tuesday's edition.

Ondaatje is a Canadian writer who penned The English Patient. He is among a group of celebrities calling for the Egyptian government to release London doctor Tarek Loubani and Toronto filmmaker.

The pair are jailed in Cairo.

School issues safety plea after crosswalk delay

Concerns. City hopes to have crossing installed within weeks



Students and their families have been urged not to risk their lives as a city school waits for a red light.

The school principal and Coun. Matt Brown made the plea as the city works to have a Fanshawe Park Road crosswalk built outside the new St. Andre Bessette Secondary School.

A housing developer agreed to put a crosswalk in, but progress has been slow. Brown has sped a request for traffic signals through city hall after parents complained. Temporary lights are expected to be in place within 30 days at a cost of \$50,000.

A total of 128 students live south of the road and don't

qualify to be picked up by the school bus. That means they either get picked up by their parents or cross the road alone.

Brown said Wednesday: "I think my message to students and families is to recognize that everyone's priority is safety

"We need to work together with the parents, with the school administration, with London police force to reinforce the message to make safe choices.'

St. Andre principal Peter Cassidy said staff have been "imploring" students to stay in school for lunch and avoid crossing the road, but teenagers do what teenagers do.

"We've put up a (roadside) sign to remind the community that we are open for business and to keep an eye out for our students," he said.

St. Andre Bessette is open for 321 Grade 9 and 10 students and will add Grades 11 and 12 by the fall of 2015.



School. The city is working to have a crosswalk built outside the school. M

Legislation

Tanning beds a hot-button issue

An important bill that would ban minors from using tanning beds is turning into a political football in Ontario's legislature.

The opposition parties have "needlessly delayed" the bill that was introduced in March, Health Minister Deb Matthews charged.

All parties agreed Wednesday to let the bill pass second reading and go to committee. THE CANADIAN PRESS

Ex-Ontario minister

Smitherman's husband found

Former Ontario cabinet minister George Smitherman's husband was found Wednesday in a wooded area near train tracks in Toronto. Christopher Peloso, who went missing Monday, was disoriented but not obviously injured, police said. He was treated at the scene by paramedics and taken to hospital for examination.

THE CANADIAN PRESS



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metronews.ca Thursday, September 12, 2013 metr⊕ **NEWS**

U.S. Arabs divided over Syria crisis

'An elephant in the room'. Opposing viewpoints over U.S. intervention exposing tension in Middle Eastern communities

Sawsan Jabri and Osama Siblani share Middle Eastern roots and the American dream. They also represent dissension among Arab-Americans over Syria's civil war and ideological, political and regional differ-

Jabri, a doctor from Syria, teaches microbiology. Siblani came from Lebanon to be an engineer and publishes the influential Arab-American News.

Each speaks for opposing camps. Jabri is a spokeswoman for the Syrian Expatriates Organization, a lobbying and fundraising group that staged rallies in support of the U.S. backing rebels in Syria's civil war. Siblani has opposed U.S. intervention through counterdemonstrations and the opinion pages of his newspaper.

When it comes to Syria, Siblani says, there's little room for agreement.

"I have been in this business for 29 years," he said. "I have never seen the community divided as much as we are divided today.... It is an elephant in the room all the time."

Siblani and Jabri agree that Syria has divided the U.S. Arab community despite a history of coexistence among religions, Islamic sects or countries.

Positions on Syria have highlighted Arab ties to the U.S. that date back more than a century, when immigrants from the Arab world started arriving en masse.

- They originally came from what today are known as Syria, Lebanon, Jordan, Israel or the Palestinian territories but then was Ottoman-controlled Syria.
- The Syrian community in the U.S. is estimated to be about 150,000 people, but the number could be much higher if it reflected all those who trace their roots to early 20th-century Greater Svria.

"I don't know what's happened — people became more everyone's identity," said Jabri, who contends that Assad's regime has used chemical weapons numerous times and he should be toppled and prosecuted. "The separation is not working in our direction."

Some of the rising tension reflects what's happening in community members' homelands. Lebanon and Syria share a complicated history and a web of political and sectarian ties and rivalries, and Syria's civil war next door has intensified divisions.

"The situation gets very tense when you try to say who is responsible for what," Siblani said

THE ASSOCIATED PRESS



12 years after 9/11 attacks, pain remains strong for many

Carrie Bergonia of Pennsylvania looks over the name of her fiancé, firefighter Joseph Ogren, at the 9/11 Memorial in New York Wednesday during ceremonies marking the 12th anniversary of the attacks on the World Trade Center. CHRIS PEDOTA/THE ASSOCIATED PRESS

Boston. 'Clueless' airport fire drill condemned

Officials at Boston's Logan International Airport are apologizing for holding a fire drill, complete with smoke and flames, on the 12th anniversary of the Sept. 11, 2001, terrorist attacks.

The two hijacked jets that were flown into the World Trade Center towers in New York flew out of Logan. The runway fire drill, announced on the airport's Facebook page, drew harsh condemnation.

The Massachusetts Port

Authority, the agency that runs the airport, said in a statement that it "apologizes for conducting the fire training exercise and under-stands that it may have offended many of those touched by the events of Sept. 11."

Several events were held at the airport to mark the anniversary.

"How clueless and insensitive can you be," one woman wrote on the airport's Facebook page. THE ASSOCIATED PRESS

Benghazi. Bombing marks first anniversary of attack

A powerful car bomb exploded Wednesday near Libya's Foreign Ministry building in the heart of Benghazi, exactly one year after the attack there that killed the U.S. ambassador and three other Americans.

The early morning blast on the 12th anniversary of the Sept. 11, 2001, terror attacks in the U.S. caused no serious casualties, though several passers-by were slightly wounded, authorities said.

No group immediately claimed responsibility for the

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A town in Germany plans

his honorary citizenship,

68 years after his death.

Goslar has set in motion

formally remove the title

a procedure that would

The town assembly of

to strip Adolf Hitler of

assault. However, the bombing targeted a building that once housed the U.S. Consulate during the rule of King Idris, who former Libyan dictator Moammar Gadhafi overthrew in a bloodless coup in

The bomb blew out a side wall of the building, leaving desks, filing cabinets and computers strewn among the concrete rubble. It also damaged the Benghazi branch of the Libyan Central Bank along a major thoroughfare in the city. The associated press

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According to the dpa news agency, Hitler had some 4,000 honorary citizenships during his lifetime. THE ASSOCIATED PRESS

Bosnia

Huge mass grave discovered

Authorities say they have discovered a mass grave that may contain dozens of remains of Bosniaks and Croats killed by Serb forces during their campaign to eliminate all non-Serbs from parts of the country they controlled during the 1992-95 Bosnian war.

Bosnia's prosecution office said they expect this to be one of the largest mass graves ever found in this part of the country.

THE ASSOCIATED PRESS

metronews.ca
Thursday, September 12, 2013

NEWS

O

How much money are Canadians making?

Statistics Canada's third and final release of the 2011 National Household Survey data illustrates, among other things, how much Canadians earn and where they live. Some highlights:

THE CANADIAN PRESS



The richest of the rich

For all the growing diversity the 2011 census and related surveys have portrayed in Canada, Wednesday's final release reveals a contrasting constant: the richest of the rich in Canada are married, middle-aged white men. The richest 10 per cent of individuals are making more than \$80,400. And the very rich — the 272,600 individuals that make up the top one per cent — are all making more than \$191,100. Those people are making an average of \$381,300 each, 10 times the average Canadian income of \$38,700.

House-poor Canadians

One-quarter of Canadian households, about 3.3 million, spent 30 per cent or more of their total income on shelter, exceeding the Canada Mortgage and Housing Corporation's "affordability threshold." They paid an average of \$1,259 a month, surpassing the 30 per cent mark by an average of \$510. Sixty-nine per cent of households in Canada — 9.2 million out of 13.3 million - owned their dwelling in 2011, a marginal increase from 2006 compared with the more dramatic spikes in

ownership of the previous 15 years. Four out of five house-holds that purchased

purchased a home between 2006 and 2011 had a mortgage; one in five bought a condominium.



Diversity in the workplace

As immigrant populations become more established and as women gain ground in the workplace, the income data will slowly start to reflect the broader diversity of the population, said Doug Norris, chief demographer at Environics Analytics. "Over time, I think you'll see that diversity creeping in." Already, the NHS shows second-generation immigrants are making far more money than the national median. And ethnic groups that are well-established in Canada, such as Japanese immigrants, are also well above the

Student debt

Tuition fees to keep on rising, think-tank says

Canadian students hoping for some financial relief on the cost of their post-secondary education are in for a disappointment over the next few years, a prominent think-tank suggests.

A report from the Canadian Centre for Policy Alternatives forecasts the inflation-adjusted cost of an undergraduate university degree is expected to climb an average of 8.6 per cent over the next four years.

The inflation-adjusted cost of tuition and other fees averaged \$2,243 across the country in 1990, the report showed. That figure had climbed to \$6,254 for the 2012-13 academic year and is projected to keep rising. THE CANADIAN PRESS

Armoured car killings.

Shooter won't get out of prison for 40 years

A judge has sentenced an armoured car guard who gunned down four of his crewmates during a robbery to life in prison with no parole for at least 40 years.

Justice John Rooke accepted a joint submission from the Crown and Travis Baumgartner's defence lawyer.

The sentence is based on a federal law passed in 2011 that allows consecutive parole terms in cases involving multiple murders. The Crown has called it a first for Canada and the toughest sentence for a crime since the country's last execution in 1962.

"The deaths were senseless," said Rooke in an Edmonton courtroom Wednesday. "It's difficult to describe the revulsion of society and this court and the public."

Baumgartner, 22, pleaded guilty earlier this week to one count of first-degree murder, two counts of second-degree murder and a charge of attempted murder.

He shot his fellow guards with security company G4S during a routine night shift reloading bank machines at the University of Alberta in Iune 2012.

Killed were Eddie Rejano, 39, a father of three who had started working for the company six months earlier; newlywed Michelle Shegelski, 26; and Brian Ilesic, 35, the father of a daughter.

Matthew Schuman, who was 25 at the time, survived a bullet to the head.

THE CANADIAN PRESS



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metr⊕ **BUSINESS** metronews.ca Thursday, September 12, 2013

Agriculture. One-third of world's food is wasted: UN

The UN food agency says onethird of all food produced in the world gets wasted, amounting to a loss of \$750 billion US a year.

The Rome-based Food and Agricultural Organization said in a report Wednesday that food in developing countries is wasted mostly due to poor harvesting techniques, while in high-income areas the primary cause of waste is careless consumer behaviour.

The report said food waste hurts the environment by causing unnecessary carbon emissions, extra water consumption and the reduction of biodiversity as farming takes over more land. The most serious areas of



waste are of cereals in Asia and meat in wealthy regions and Latin America.

FAO stressed the importance of raising awareness among CONSUMERS. THE ASSOCIATED PRESS

Autos. Feds, Ontario sell part of their stake in GM

The federal and Ontario governments have sold a block of 30 million shares in General Motors valued in the neighbourhood of \$1.1 billion, a portion of the equity they received when they bailed out the automaker in 2009.

Finance Minister Flaherty said in an email that the shares were sold at Tuesday's closing price of \$37 US on the New York Stock Exchange, minus a small discount.

With completion of the sale, the governments will continue to hold more than 119 million GM common shares and 16.1 million GM series A preferred stock through a federal agency.

Both Ottawa and the Ontario government acquired GM shares in 2009 after having provided the ailing automaker with some \$10.6 billion in aid during the Great Recession.

The investment is held on behalf of the two governments by Canada GEN Investment Corp., a subsidiary of the Canada Development Investment Corp. THE CANADIAN PRESS

Market Minute



Natural gas: \$3.56 US (-2¢) Dow Jones: 15,326.60 (+135.54)









Lac-Mégantic cargo was as flammable as gasoline: Safety board

Train disaster. Oil on board should have been designated as more volatile; suitability of cars is also an issue

The crude oil that exploded into flame in the Lac-Megantic train derailment in July was as volatile as gasoline, but was documented as a less-dangerous product akin to diesel or bunker crude, the Transportation Safety Board says.

"The lower flash point of the crude oil explains in part why the crude oil ignited so quickly once the Class 111 tank cars were breached."

Don Ross, lead investigator, Transportation Safety Board

Lead investigator Don Ross said tests showed the oil was initially graded properly for road transport but was inexplicably downgraded when it came time to move it by rail.

"When we analyzed the product samples from the nine intact tank cars from

the Lac-Mégantic accident we identified the product as having the characteristics of a packing group 2 flammable liquid," he told a news conference Wednesday. "Packing group 2 is the packing group that gasoline is in."

The Lac-Mégantic oil was

improperly identified as a less-hazardous packing group 3 product, and investigators want to know why.

"Is there any motivation? Why would that be shown the way it was, whether there was any commercial interest, any operating reason? We're asking all those questions," Ross

The July 6 crash killed 47 people and destroyed much of the centre of the picturesque Quebec town after the runaway train derailed and exploded in a fireball.

THE CANADIAN PRESS

Flying pot-spotter strikes gold in Ontario fields



Marijuana growers in Eastern Ontario are keeping their eyes peeled this month for a legendary figure who roams the skies every harvest season: The Fan-

"The Fan-man is a guy that goes searching in cornfields for marijuana plants," says a rural property owner, who asked for anonymity for fear of retribution from members of the drug

With a paraglider powered by a fan-like propeller strapped to his back, the Fan-man soars above area cornfields, using a GPS to pin-point places where

illegal marijuana grows, he

says.
"What he'd do is literally fly real low, looking for these plants. He's been seen around the area by a lot of people and there's most likely more

The Fan-man is believed to sell GPS co-ordinates of illegal weed to criminals, who then camouflage and arm themselves at night to steal the plants. They're known in criminal circles as "pot pirates."

A spokesman for the Ottawa police service says the drug section is not aware of the Fan-

Uninhabited rural stretches of Eastern Ontario and Western Quebec are well-known for illegal pot farming.

The Fan-man apparently hunts for green "holes" in between rows of corn where growers hide illegal marijuana.

The rural property owner first learned about the Fanman when he spotted a suspicious person soaring low with a powered paraglider over his cornfield.

After that encounter, friends told him about the flying potspotter. THE CANADIAN PRESS

- "When you see him, everybody goes around telling their stories about the Fan-man, and about how they know somebody who's had an encounter with him or knows somebody who probably could be the Fan-man," says one rural property owner.
- There are unconfirmed reports of airborne shootouts with pot farmers.

metronews.ca Thursday, September 12, 2013 **VOICES**

iT iSN'T iNTERESTING iF iT'S iNFALLIBLE

I was a late convert to smartphones, and like most late converts to anything I quickly became a fundamentalist zealot.

Before, I scoffed at people who wouldn't look away from their screens for anything short of a fresh bullet wound. Now I know you can get valuable information from the tourniquet app, improve the look of that wound using Instagram, or ask, "Siri, what it's all about?" as

Whether I'm texting with people miles away while sitting across a dinner table from friends, or checking the weather while walking outside, my phone does all the things I didn't even know needed doing.

And this week the most iConic of all smartphones released the details of its latest iTerations. (i'M good at this.) The iPhone has not one but two new versions coming out soon, which means there'll be twice as many people standing in lines the morning of their release, just in case Apple only de-



John Mazerolle

metronews.ca

cides to make a few hundred.

To commemorate this once-in-a-while event, here's a brief history of the iPhone to read as you queue:

1993: Apple releases its first personal digital assistant, the Newton, a technology that leads to one good Simpsons joke, and nothing else. However, the device's inability to tell what the user is actually trying to write is later used in the iPhones' autocorrect feature.

1990s: Apple CEO Steve Jobs, thinking about his legacy, works on being an inspiration to the world and an a-- to everyone he knows, leaving no time for the smartphone until 14 years later.

2007: Jobs unveils the very first iPhone. Its two-inch screen sits on a frame roughly the size

of a tennis court, and its processor can do an amazing 14 calculations a minute. Its 2,700 vacuum tubes can only be purchased from the Apple Store.

2008: The iPhone 3G includes a phone that runs on a pre-

historic bird who chisels the images into a blank slate. The talking technology predates Siri, but doesn't catch on because of its corny one-liners

2010: The iPhone 4 sends everything you do on it directly to the Oval Office. Apple is totally transparent about it, but nobody notices until three years later because it's written in one of those Terms of Agreement things and everybody skips to the ac-

2011: Jobs uploads himself to the iCloud.

Sept. 10, 2013: Tech analysts say the new brightly-coloured, but less expensive iPhone 5C is likely meant to appeal to youth in emerging markets like China and India. The built-in cigarette lighter is a dead giveaway.

Sept. 12, 2013: The iPhone 24, speaking with the voice of Steve Jobs, comes from the future with its new time travel app to warn humanity not to allow Mark Zuckerberg's 2023 purchase of Apple. Before it can explain why, a 12-feet-tall robotic Zuckerberg reaches in from their time and pulls the phone back while letting loose a maniacal nerd-snort. Apple stock skyrockets

ZOOM

Sitting in a tin can far above the world



NASA IMAGES

Stunning shot of a craft above Earth

It looks like a fancy beverage can — and is in fact carrying something worthwhile. This photo shows a Japanese unmanned spacecraft backdropped against a land mass of Earth. The HTV-4 craft was launched by Japan's Aerospace Exploration Agency (JAXA) last month to bring supplies to the International Space Station.



On the HTV-4 was Kirobo, a 34 centi robot to speak in space. It said, in Japanese: "On Aug. 21, 2013, a robot took one small step towards a brighter future for all. Good morning to everyone on Earth. This is Kirobo. I am the world's first talking robot astronaut. Nice to meet you."

Fiery plunge back home

After backing away from the ISS following a one-month stay, the HTV-4 craft (nicknamed Kounotori) loaded with trash from the space station — plunged back to Earth for a de-orbit disposal. The craft burned upon re-entry into Earth's atmosphere, with surviving fragments shattering across a preplanned location in the Pacific Ocean. METRO





ANDREW FIFIELD

If you're of the sort who hasn't spent any time with a poem since the last time you were assigned one by a teacher, dip your toe back into the water with these frequently amusing Twitter accounts with a poetic heart.

@GooglePoetics:

we're all guilty of asking Google about this account finds surprising depth and humanity lurking in search terms suggested by Google's auto fill.

@tricialockwood:

The mighty Patricia Lockwood was a published poet before signing up for Twitter. It just happens to be a lucky



perfect fit for her occasional surreal verses and pithy lines.

@Pentametron:

An algorithm that keeps a vigilant eye out for tweets that happen to be written in iambic pentameter, though it may come as little surprise that the authors of its retweets typically don't have poetry in mind.

Worth Mentioning

Men with menopause? Yep, it's a thing

The ads tout testosterone treatments for "low T," but surprising new research shows a different hormone may play a role in less sex drive and more fat as men age. Estrogen — the female hormone — is needed by men, too, and the study gives the first clear evidence that too little of it can cause certain "male menopause"

symptoms.

A lot of things we think are due to testosterone deficiency are actually related to the estrogen deficiency that accompanies it," said Dr. Joel Finkelstein of Massachusetts General Hospital. He led the

Testosterone is the main male sex hormone. Men's bodies convert some of it into estrogen, and levels of both decline with age. Until now, there was no way to tell which hormone was responsible for complaints of diminished libido, strength and energy. THE ASSOCIATED PRESS

VE WANT TO HEAR FROM YOU: Send us your comments: londonletters@metronews.ca



Technology's artistic side

Giles Whitaker.

Artist's two exhibits employ use of electronic sounds



BACKSTAGE PASS Mila Petkovic london@metronews.ca

You may have seen those grey electrical boxes stuck to posts downtown — or maybe you haven't. They can be overlooked easily enough. If you listen close, though, you'll notice they emit strange snippets of electronic sounds. And, they're actually art.

Giles Whitaker is the playful mastermind behind the boxes and a Western University master of fine arts student.

His installation Structural Breakdown (part of a larger McIntosh Gallery exhibition) uses audio-synthesizer chips controlled by a computer to generate crackling and static. All four of the boxes are on Dundas Street between Wellington and Clarence.

"The weird noises alert you to the fact there is something

Around town

- Paintings. Art opening at Michael Gibson Gallery (157 Carling St.) featuring painter Pat Service from 8 to 10 p.m. Thursday
- Photos. Exhibition opening at Medium Gallery (870 Dundas St.) featuring photographer Chris Stroud. Tickets are \$10.
 The event starts at 7 p.m. Saturday.

not quite right. It gets you to stop and listen to the sounds around you. You see it and it looks like it's supposed to be there. You don't need to worry about it, or maybe you do," says the artist, originally a scientist from New Zealand who quit his job researching plant diseases for the government to pursue a degree in fine arts.

Whitaker's installations examine the rules of public and institutional space along with the nature of sound itself.

"Sound has a political dimension. It affects people's moods and signifies what the expected behaviour is in the space," he says. "It's an unconscious type of information we receive."

Another exhibition by Whitaker, called Listening Space, is also on display at the McIntosh Gallery. This one mimics the sounds you might hear inside a gallery, like quiet footsteps and doors opening and closing.

"If everything is really quiet, it creates a reverent atmosphere. It makes you think, 'This is art, it's really important.' We treat galleries like churches. Are they really worthy of our respect?" asks Whitaker.

When you take art out of the gallery and put it on the street, it can operate in quite a different manner.

"When it's on the street, maybe it doesn't have to be identified as art," Whitaker says. "It could have the same psychological effect, but maybe it takes away the reverence."

The electrical boxes and exhibition at the McIntosh — which includes a series of drawings by Thea Yabut titled Lines of Necessity — will continue through Saturday with a closing reception at 7 p.m. Thursday.



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Vampire getting longer in the tooth

Modern Vampires of the City. As the band prepares to hit the road, Ezra Koenig and Rostam Batmanglij are right where they belong

HFAIY

Vorld News in Boston

Vampire Weekend lyrics have always read a bit like witty TripAdvisor entries. Location is an essential part of the experience, whether it be the Cape Cod Kwassa Kwassa of their selftitled debut or the California English of 2010's Contra.

The band's latest release, Modern Vampires of the City throws in more geographical references than the first two albums combined. Anchorage, Oakland, Dar es Salaam, Providence, Phoenix and Santa Barbara all get lip service. Even though that could give the impression that the album is literally all over the map, the titular "City" they reference most is New York, and the collection of songs is possibly the band's most cohesive effort to date.

"On the first album, all of the places that I name checked in Cape Cod were places that I actually had been, albeit somewhat briefly," says singer Ezra Koenig.

He is sitting in a café down the street from his apartment on the Lower East Side. For a guy who sings with a band

whose last two albums went to No. 1, he is comfortably anonymous in his neighbourhood. Only one passerby seems to slip into an "I know that guy from somewhere" expression.

"On the song Step on this album, there is a lot of name checking," Koenig continues, "and I've never been to someplace like Dar es Salaam, but part of that song is about somebody who in the beginning is talking about how they were going all of these different places, but really back at home is where they really have to figure things out."

It seems like Koenig spent a lot of time at home figuring things out. The theme of mortality is persistent throughout Modern Vampires with a lot of breath spent on uncertainty about what may be next, after this album and after this life. He says he feels like reflecting in this manner is almost a rite of passage for a band between albums two and three.

"Whether you're in college or in your early 20s doing whatever, there's a sense that it's an eternal springtime. And

that's also true for a band that's making their first album. So we had that threefold: A bunch of young cats, fresh out of college, suddenly people have interest in our band," he says, reminiscing about Vampire Weekend's beginnings at Columbia Univer-

"Then when you do something a second time it's still exciting, and you're building and you start to get to the third time, and unless you're a total craven careerist, you're going to pause a little bit and be like, 'OK, so we're doing this for a third time. We're now five or six years older than when we started. Is this just a job? Are we just banging out products of varying degrees of quality, based on an initial template? Or are we trying to do something different?

He and songwriting cohort Rostam Batmanglij spent the better part of a year - writing songs and recording songs at Batmanglij's apartment under the Manhattan Bridge Overpass - making sure they were trying to do something different, and succeeding.

Koenig's aim. He says his goal isn't to have the most recent album be everybody's favourite Vampire Weekend album, just somebody's favourite. "That's the hardest thing to pull off: Sometimes everybody likes the first album the best, a handful of people like the second album the best and nobody likes the third album the best," he says. "It's not because I have a chip on my shoulder that's like, 'I want people to like this album more than the first two!' I just want there to exist people in the universe who could feel that wav.

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1. MADDADDAM Margaret Atwood

Combining adventure, humour, romance, superb storytelling, and an imagination that is at once dazzlingly inventive and grounded in a recognizable world, MaddAddam is vintage Margaret Atwood, and a moving and dramatic conclusion to her internationally celebrated dystopian trilogy.

Last Week: 1 / Weeks on List: 3



2. THE SILENT WIFE A.S.A Harrison

An emotionally charged psychological thriller about a marriage in the throes of dissolution, The Silent Wife depicts a couple headed for catastrophe.

Last Week: 19 / Weeks on List: 3

This Week	Last Week	Weeks on List
3. NEVER GO BACK Lee Child	10	2
4. HOW THE LIGHT GETS IN Louise Penny	6	3
5. WINTER OF THE WORLD Ken Follett	2	3
6. INFERNO Dan Brown	15	17
7. THE CASUAL VACANCY JK Rowling	14	8
8. OMENS Kelley Armstrong	3	4
9. A HOUSE IN THE SKY Amanda Lindhout	5	2
10. THE INCONVENIENT INDIAN Thomas King	20	5
11. THE MAYAN SECRETS Clive Cussler	17	2
12. THE BONE SEASON Samantha Shannon	4	4
13. WAGING HEAVY PEACE Neil Young	12	7
14. THE END OF GROWTH Jeff Rubin	9	2
15. THE RETURNED Jason Mott	8	2
★16. STEVE JOBS Walter Isaacson	-	1
★ 17. THE WITNESS WORE RED Rebecca Musser	-	1
★ 18. THE ORENDA Joseph Boyden	-	1
★19. W IS FOR WASTED Sue Grafton	-	1
★20. STILL FOOLIN' EM Billy Crystal	-	1

Combined Fiction and Non-Fiction Bestsellers for the week, ending September 16th

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metronews.ca
Thursday, September 12, 2013

Engaged John eager to become stuff of Legend

Q&A. R&B crooner John Legend talks about his new album, his upcoming wedding, Kanye West, achieving world recognition and the war in Syria

John Legend has one more thing to do before launching his fall tour: get married. The 34-year-old R&B singer is engaged to 27-year-old model Chrissy Teigen, the subject of most of the romantic songs that make up his new album, Love in the Future, released last week.

The wedding will be some time before he kicks off his tour Oct. 20 in Mashantucket, Conn., and marks a turning point for the piano-playing crooner, who since 2004's Get Lifted has been crafting songs about hook-ups, cheating and heartbreak as well as long-term commitment.

Appropriately, the ninetime Grammy winner's latest takes an overall more optimistic perspective on affairs of the



heart, so much so that he says he's already considering how married life will affect his writing: "My fans probably don't want to listen to everything being awesome all the time."

Legend reconnected with longtime collaborator Kanye West for his fourth solo album, which includes hip-hop drum patterns and moments of humour the singer credits to West. Legend recently sat down with The Associated Press to talk about fame, stability, wedding plans and international policy.

Your fiancée is very witty on Twitter, and you slide some jokes into many of your songs. How important is humour to you?

Chrissy is hilarious and I'm

a big comedy fan. We go to comedy clubs. ... I wish I was funnier myself. ... I surround myself with people who are different from me. Obviously, people always ask me, "How are you and Chrissy together?" And then people also ask me, "How are you and Kanye working together for so many years because you're so different?" But I think I gravitate toward

people that are a little more outrageous than I am. And we complement each other well.

Do you want Kanye-level fame?

I want Kanye-level success. I don't think I'm craving any more fame. But success and being recognized for making great work all around the world, I think it's a great thing.

What's your vision for your wedding? What do you want from it?

I'm excited to get married, but I look at it as just a fun party where I want my friends to have a great time. ... I guess we should look good, too, so the pictures come out nice. But other than that, I feel like it's no pressure.

Some songwriters make their best music when they're not in a stable relationship. It can also go the other way. Is that something you've thought about?

I've written some of my better songs about the ups and downs of relationships. ... I've thought about, you know, what am I going to do two years from now? ... But I imagine that we'll have some ups and downs too, so I'll tell those stories, too.

You're a supporter of President Barack Obama, but covered several anti-war songs from the 1960s and 1970s on the 2010 album you created with The Roots called Wake Up! Are you worried about U.S. military intervention in Syria?

I am not anti-war in general. I am just anti-wars that I think are not a good idea. I didn't think the Iraq war was a good idea. ... I do understand the impulse to want to punish countries for using chemical weapons. I do understand the humanitarian impulse when you see 100,000 people getting slaughtered ... but we have to be very cautious about getting into another long conflict in the Middle East. ... We know that al-Qaida's infiltrated the rebel forces in Syria. We know that either way, no matter who wins, there are significant groups within each side that might not be pro-America. So I think it's a very difficult decision to involve ourselves militarily in Syria.

THE ASSOCIATED PRESS







Who-knew nuptials: Saldana weds Italian artist in hush-hush ceremony

Zoe Saldana was quite sneaky this past weekend, marrying Marco Perego in a super-secret ceremony in London before anyone could catch wise, according to Us Weekly. "It was super small but very romantic and beautiful," says a source of

the ceremony, which was attended by just family and a handful of close friends. Saldana and Italian artist Perego "have known each other for a long time," the source explains, but they hadn't been officially linked until May

Crushing in Canada: Swift snuggles up to Aussie actor at TIFF party

Taylor Swift may have found a new man in Australian actor Brenton Thwaites. The pair met at a private party at the Toronto International Film Festival earlier this week and spent some time getting to know each other, according to People maga-Swift and

Thwaites nestled into a booth at the Soho House for an hour chatting and "making each other laugh," a source says. Thwaites "had his arm around her back. She touched his leg a few times. They seemed very into each

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

How much to canoodlewith KStew? Try half a million

MELINDA

Norld News in NYC

Everyone has a price, even Kristen Stewart. And as a New Yorker, I couldn't be more pleased that she does.

In a New York Times article on Harvey Weinstein, the film mogul mentions that he managed to line up a Saudi prince who promised to make a sizable donation to Hurricane Sandy relief efforts — if the Twilight star would hang out with him. When Weinstein got in touch with her, she had a question: How much?

Weinstein drove a hard bargain, settling on \$500,000, paid in advance. Stewart then agreed to hang out with the prince for 15 minutes.

With hurricane season upon us once again, I call for all our Kristen Stewarts to be on high alert in case they're needed for some emergency shmoozing especially since she'll be



The Twilight star has enrolled in a correspondence course at UCLA, where she plans to study English literature.

"Yes, Kristen's a Tinseltown actress worth millions, but she is already considering a life after film. She never got to complete college and she wants to get a proper education," a source tells the Daily



Baby Blunt watch: Actors expecting their first bundle of joy

Emily Blunt and John Krasinski are set to become parents for the first time, as Blunt is pregnant with their first child and is due in just a few months, her rep confirms to Us Weekly.

"They both want kids. It's one of the reasons they got a bigger place, in a neighbourhood that you can raise a family," a source says. "They both couldn't be more excited.

Walking with the stars: Famous faces sign up for charity challenge

Prince Harry has some stiff competition for his upcoming charity race to the South Pole, as True Blood star Alexander

Skarsgard has signed on to the American team competing in the Walking With the Wounded

South Pole Allied Challenge, a 208-mile trek that raises funds for military charities, according to USA Today. Skarsgard and Harry will be trekking alongside wounded military personnel from their respective countries. "I'm honoured to be working and training alongside these soldiers to raise money and awareness for this very worthy cause," Skarsgard says in a statement.



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SATURDAY, SEPTEMBER 14

TO TUESDAY, SEPTEMBER 17

Target goes out on a Lim with collection

Romancing the masses. Designer says he's as passionate about creating a \$29.99 shirt as he is about one for \$299

CHADHA

Phillip Lim believes you're just as busy as he is. It's why the designer - whose hotly anticipated 3.1 Phillip Lim collection for Target hits stores Sunday, just five days after the Spring ready-to-wear line debuts at New York Fashion Week - created an affordable fall line perfect for people on the go. We nailed down Lim to talk about his design process, why menswear is important and how to keep essentials from being

Congratulations on the Target collaboration! What was your main objective for the line?

For me, it was about creating a chic, easy and cool collection for real people. I focused on the idea of a romanced reality and



having ideas, products, clothes and accessories on the ro-



How would you describe the codes of the 3.1 Phillip Lim

Phillip Lim is designed for the global citizen on the move with understated, elegant clothes that imbue a strong sense of discovery with hidden details just for the wear-

Your Target line has a strong focus on menswear. Why was it important to include the guys?

Men are embracing fashion more and it was important to me that I create a collection for both men and women to easily incorporate into their wardrobes and their everyday lives.

Retail reminiscence

Do you still shop at Target?

Yes, Target has just about everything. As a child, I remember Target as that place to get everything and just thinking, "they have everything here, all the dreams are here!"

The collection is full of practical-yet-cool essentials. How did you keep these pieces from being boring?

When in doubt, you can never go wrong with solids. It's important to stock up on chic basics as they cannot only be worn at different hours of the day, but also from season to season. Once that foundation was established, I sprinkled in things or ideas from my own collection.

How did you choose to bring back certain pieces from your main line such as the comic book motif and colour block

I took inspiration from archival pieces that we thought would also be of interest to Target's guests. All in all, designing the collection was a very similar process to that of my main collection, because in the end, I put the same amount of passion, energy, spirit, and time into designing the \$29.99 shirt as I would for the \$299 shirt.

It's been a busy year for you. After your show wraps, what are your plans?

Hopefully I will be off on the beach somewhere!



In the moment with Erin Wasson

We caught up with the model at Vevo and Style Network's Styled to Rock party to find out about her runway outing at Alexander Wang and her fall wish list.

What are you looking forward to wearing this fall?

"I love outwear. I love a good jacket. I love a good boot. It's a time where you get to personify fashion because you get to create more layers.'

What's on your fall shopping list?

"I just moved into a new house four months ago. So I'm obsessed with interior design right now. I geek out about lighting fixtures."

The popular shape of eyebrows evolves endlessly, from caterpillarthick to super skinny arches and everything in between. Go online to see what the latest look is as seen on two current 'it' girls in film and fashion and let me know which eyebrow shape you prefer.

metronews.ca/voices/trends-

Follow Irene on Twitter at @MetroIreneK

Canadian street style

Spotted in: Toronto

Caitlin

Graphic designer and bartender

What she's wearing

H&M hat, American Apparel crop top, UNIF skirt, vintage belt and Michael Kors heels.

Her inspiration

"Images and videos from Tumblr, YouTube and blogs! My favourite YouTube chanel to watch for fashion ideas is Clothes Encounters.'

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Skin spritzers

Vaseline Spray & Go, \$9, at mass retailers

"Your favourite feel-good Vaseline moisturizers now come in easy-to-use Spray & Go formulas, perfect for those rush-out-the-door mornings. The nongreasy, quick-drying, super-absorbent spritzes come in Cocoa Radiant, Dry Skin and Aloe Fresh." Ashley Kowalewski, TheKit.ca

FOR MORE FASHION AND BEAUTY NEWS YOU CAN USE. CATCH UP WITH THE KIT AT THEKIT.CA



Curried Lamb Casserole: Not mom's can-of-soup creation



ROSE REISMAN For more, visit rosereisman.com or follow her on twitter drosereisman

Casseroles are excellent onedish meals.

You can substitute stewing beef and use any combination of other root vegetables such as potatoes, turnips or parsnips.

Serve this over rice, polenta, mashed potatoes or a grain

Ingredients

- 3/4 lb boneless leg of lamb, cut into 3/4-inch cubes
- All-purpose flour for dusting
- 1 tbsp vegetable oil
- 2 tsp crushed garlic
- 1 cup chopped onion
- 1 cup finely chopped carrots
- 1/2 cup finely chopped sweet green pepper
- 1 cup cubed peeled sweet potatoes
- 1 1/2 cups sliced mushrooms
- 2 1/2 cups beef stock1/3 cup red wine
- 3 tbsp tomato paste
- 2 tsp curry powder

of your choice.

- 1. Dust lamb with flour.
- **2.** In large nonstick oven pot, heat oil, sauté lamb for 2 minutes or just until seared all over. Remove lamb and set aside.

3. To pot, add garlic and onion and sauté for 5 minutes until soft. Add carrots and green

peppers and mushrooms and sauté for another 5 minutes or until mushrooms are no longer

4. Add sweet potatoes, stock, wine, tomato paste and curry powder. Return lamb to pan; cover and simmer for 1 1/2 hours, stirring occasionally until lamb is tender. ROSE REISMAN BRINGS HOME LIGHT COOKING (ROBERT ROSE) BY: ROSE REISMAN

For your phone

Jamie's Recipes: Street Food (iPhone/iPad; \$2.99 subscription)



MIND THE APP Kris Abel @RealKrisAbel life@metronews.ca

It's like having a food truck hiding in your kitchen. Jamie Oliver's latest recipe pack



offers popcorn chicken, sweet potato wedges, dim sum buns, fish 'n' chips, and dazzling hotdogs.







Prices in effect Thursday, September 12th to Wednesday, September 18th, 2013 See the whole flyer, and find a store at FreshCo.com metr⊕ **HOME** metronews.ca Thursday, September 12, 2013

When to add an accent

One of these walls is not like the other — and that's a good thing.



DESIGN CENTRE

Accent walls can define a focal wall where a television sits, highlight a piece of art or simply change the mood of a room by injecting a small amount of colour on one of the walls.

Wondering about which wall in your house might be perfect for a splash of colour? Consider these ones: behind the headboard in the bedroom, where the mirror hangs in the bathroom or the wall the television or fireplace sits on in the living room.

Areas not to paint an accent wall are: a powder room, kitchen or foyer; keep all of those walls the same colour.

For less than \$100 and an afternoon you can add a colourful accessory that can be changed as often as the trends change.

This fall, look for either dramatic tones or pretty colours to add an update to your rooms.

A ROOM WITH A VIEW GETS DRAMA ADDED WITH A DEEP PURPLE-GREY ACCENT WALL. BEHR'S MAHARAJA 620F-7, BEHR.COM



Fashion

Para's Meritage PF20: The Merlot and burgundy colours are all over the fall fashion runways, so why not be ahead of the herd and add it to one wall? Looks best with: navy, gold, dark grey, deep green. para.com.



Neutral

Colour Your World's Pasture Green Fresh: This warm green colour will perk up a dark space and bring the colour of nature inside. Looks best with rust, taupe, off white and cream. dulux.ca.



Dark

Farrow & Ball's Stiffkey Blue 281: This is the easiest way to add a sense of importance and tradition to a modern space. This deep teal-grey blue looks great with pale blue or grey, deep brown and brassy gold; farrow-



Pastel

Benjamin Moore's Sycamore CC-350: Soft, pastel-like colours are predicted for spring, so get a jump on it. This peachy-taupe looks best with pale grey, pool blue, soft yellow and black. benjamin-



Butler tips

Myth? Try this product for Dandruff relief



CHARLES THE BUTLER askcharlestheb metronews.ca For more, visit charlesmacpherson.com

Recently while doing some research for an upcoming television segment I was exploring the different uses for baking soda.

I found one in particular to share that's so great, I now use it almost every day myself. You see, I suffer from dandruff. It is embarrassing and so after trying every shampoo in the drugstore, I finally went to see a dermatologist who gave me a special medicated shampoo. It works perfectly and I am

very happy.

But while doing my research I read that washing your scalp with baking soda also helps control dandruff, so the next time I jumped into the shower I wet my scalp then scrubbed lightly with pure baking soda and let it sit while I finished my shower

before rinsing it out. And to my great surprise it really works!

My head has stopped itching and I don't have a dandruff issue. It is so easy and works so well I just had to share this with all of you!

Give it a try and write back and tell me your personal experiences.



Furniture bridging gap between function, art

Design. Custom pieces that consider function and esthetics are attracting buyers

It was function, not art, that led Christina Hilborne to a career as a furniture designer and maker. Yet the custom furnishings created by her and others, which bridge the gap between function and art, have also piqued a growing interest among those willing to in-

was living with a roommate at the time and we were poor," said Hil-borne. "We needed a recycling bin, and I decided to make one."

It was the first thing the Victoria-based designer and maker had created, and the experience was so gratifying she immediately enrolled in a preapprenticeship program in bench work and joinery followed by apprenticing as a cabinetmaker.

Even though it was the

act of making that led Hilborne to her career, she doesn't just consider the purpose of a piece before she creates one.

"I consider function, esthetics and ethics," she said. "I first think about what materials I can use that are considerate to the planet, and how I can best use them so I don't waste

The materials Hilborne chooses for their environmental impact also affect the look of the piece, but she is careful not to call herself an artist.

"I have a lot of friends who are artists and I wouldn't be so arrogant as to count myself among them," she said.

"They are painters and sculptors and I really don't feel that I am of that calibre. I am a maker or creator because I do design, but I also make."

Vancouver furniture designer and maker Christian Woo agrees with Hilborne's feelings about identifying himself as an artist.

Woo - who had been



is shown in a handout photo. It was function, not art, that led Hilborne to a career as a furniture designer and maker.



woodworking since before high school — has gained a reputation for his minimalist, modern pieces.

"I collect art from friends and they are mainly paintings, and photographs, but there is definitely an artistry in the things I am producing," said Woo.

"There is much time spent in the overall composition of my pieces and so if I think in those terms there is definitely an artistry in the work.'

Čustomers are noticing the artistry in furniture by designers like Woo, and are beginning to collect it like they would art.
"I know from working

with clients and having my pieces purchased, good furniture and a good piece of design really is functional art," he said.
"I think it's a good place

to park your money if you want something beautiful, that works and enhances your home.'

But small manufacturers are still facing the challenges of customers wanting identifiable pieces like the Thinking long term

"When I'm designing and making something I ask, 'How will this fare and how will this look in 20 or 30 years."

Vancouver furniture designer and maker

iconic Eames chair, created in the 1950s out of plywood and leather.

Even though purchasing high-quality pieces requires a financial investment, Woo said people are starting to see the value in limited-edition or custom furnishings.

"By and large I think people are happy and interested in owning and collecting because these pieces are really designed to be collected and to last,'

"That's a huge part of what I do. When I'm designing and making something I ask, 'How will this fare and how will this look in 20 or 30 years."

THE CANADIAN PRESS

Pass the salt and get out of my office: The art of creating a work space at home

Live-work. Working from the house means needing a place that is practical and functional

The digital age has created various new career opportunities including an in-creased demand for those who can integrate live-work spaces.

"I think live-work spaces are becoming more common because technology allows for that," said Peter Schinning, architectural designer and owner of SOS Design.

Schinning's design firm specializes in practical spaces that often maximize a small footprint of as little as 186 square metres (2,000 square feet).

Designing live-work spaces like the one he uses in his home or another he created for a Victoria graphic designer means maximizing the efficiency of the

"When you have to live

and work in the same place it has to be practical; it has to be very functional," he said. "Another thing is if you work from home, for us, for example, it means we have no transportation to go to work. We don't have to worry about that."

Schinning, like many other entrepreneurs who have chosen to combine their living and work spaces, did so because his work schedule didn't fit the traditional 9-to-5 office hours. He often found himself working at odd hours and it was more practical to walk downstairs than commute to an office.

"I often work late into the night and work when I need to work," he said. "Except for brief moments in my life, I've mostly worked from home."

While practicality is an important part of creating live-work spaces, Jason Halter, architect and owner of Toronto's Wonder Inc., said creating distinctions between private and work areas is also necessary.

step away from where you are immediately working, but it also doesn't really make sense to put a bed in the middle of your studio, whether you're an artist or a welder," said Halter. According to Halter an

advantage for artists who choose to inhabit live-work spaces is having immediate access to projects being worked on.

Halter designed a livework space for Winnipeg artist Kent Monkman. In what was a former industrial garage, Halter used his background in sustainable design to create an efficient space that functioned as a home and an artist studio.

In addition to installing a green roof, beautiful concrete floors and a Douglas fir staircase to a loft bedroom and private space, Halter said maximizing the light was essential in Monkman's home.

"Part of the challenge was that (Monkman) at the beginning didn't know if it was going to be part studio



or all studio," said Halter. "It quickly became clear that he needed more light and we added more skylights to create lighting in an interesting way.

"Lighting plays a considerable role in a space like this for a visual artist like Kent."

Even though interest in live-work spaces has increased, Halter said he's had a passion for them ever since living in one himself while living and working in

"I think certainly working from home in the Internet age is one of the best outcomes that we could kind of conceive of," he

THE CANADIAN PRESS

metronews.ca
Thursday, September 12, 2013









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If you hang it tastefully—they will see, and maybe like it

Collage. Showcase your personal treasures and create great art at the same time

Those beautiful summer vacation photos are in a cardboard box. Somewhere.

The souvenirs you picked up on that overseas trip years ago are jumbled in a drawer. Your collection of (fill in the blank) is in the kitchen cupboard.

One clever way to display the collection it is to mount shelves or frames on a wall and fill them with whatever pleases you. Decorators call it a salon wall, and it has origins in 17th century Paris, when the Royal Academy held exhibitions, or "salons," to showcase student work. Their art would be mounted in a closely knit configuration.

A visually balanced arrangement is what you're after, says New York interior designer Elaine Griffin.

"It's the eclecticism — photos with found objects, for example — that makes it beautiful and stylish," she says. "Every element

should speak to you or tell you a story."

To create a salon wall, plan carefully. Lay out the arrangement on the floor first, and then transfer it from the floor to the wall, piece by piece. "Start at the centre of the composition and work your way outward, a little bit in each direction, left, right, up, down," Griffin says.

Spacing doesn't need to be the same around all objects, but it can look better when it's equal around an individual element. Use a geometric shape — square, circle, triangle or diamond — as a loose basis for your arrangement.

Create an axis in the centre of the wall, a focal point from which all the elements radiate, Griffin advises. Laying the idea out on a template — a piece of art paper on which you draw the shapes — will help consolidate the finished look.

"It's nice if you have the entire collection for a wall ready to hang at once, but you don't have to — you can install as you collect," Griffin says.

David Kassel, a collage artist in New York City, creates salon walls for designers like Bunny Williams, Jamie Drake and Jeffrey Bilhuber. Through his company, ILevel, he'll put up anything a client gives him, but also offers his own collections: exotic turtle shells, vintage medicine bottles, colorful plates, even a framed set of 1940s Rorschach ink blots.

"For small objects you can use shadow boxes. Sconces are a wonderful way to display bottles, vases, rocks or any three dimensional objects. You can choose from simple contemporary wall wedges or more traditional options like carved, gold-leaf sconces." Kassel says.

sconces," Kassel says.

If you want to turn your wall into a photo gallery, hanging the pictures without frames creates a clean look that lets the pictures pop, says Jeff Southard, a spokesman for Collagewall. com, which helps clients create photo walls. Avoid hanging several versions of the same picture, he says; instead, use a variety of close-ups, action shots, etc.

"Given the choice between a perfect bland photo and a flawed, energetic one, go for the lively one," Southard says.

THE ASSOCIATED PRESS





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MORTGAGES 17

Rates. No need to panic for long term



Rising mortgage rates have some Canadians in a panic to lock in for the long term.

But higher rates aren't necessarily bad. They force prospective homebuyers to save more prior to making their purchase, and ensure their personal debt levels are kept in check, ultimately protecting the broader Canadian economy from the perils of lax lending practices as seen in recent global financial crises.

Besides federal Finance Minister Jim Flaherty giving the banking industry a political nudge, fixed mortgage rates are rising due to the fact that they are closely tied to investor demand for government bonds, which has been on the rise.

One of the key implications of rising fixed mortgage rates is that it will be harder to qualify for a mortgage. This is because all mortgage applicants must now qualify under the posted five-year fixed mortgage rate, regardless of whether they select that type of mortgage or not.

Before you hang your head in frustration and give up on your search for a new home, rest assured, fixed mortgage rates are still highly attractive compared to historical standards. But you may need to save more for your down payment or reduce your debt levels in order to qualify. The silver lining in both of these options is that you will be better off financially in the long term.

The second implication is that in an environment where rates are increasing, many new homebuyers or owners on variable rate mortgages rush to lock in their rates, shielding themselves from the inevit-

ability of higher borrowing costs. This strategy often suits risk-averse homebuyers.

But because the Bank of Canada's key lending rate, which is what the prime rate is tied to, has not increased in three years, Canadians with a higher appetite for risk can still take advantage of lower rate variable mortgages, which are derived off of the prime rate.



Pros and cons of banker vs. broker

Whether you have decided to purchase a new home or renovate the existing one, one of the first decisions you will have to make is whether to seek out financing through your financial institution, such as your local bank, or through a mortgage broker.

The benefits of working directly with your financial institution are that you may receive preferential rates and reduced fees because the bank wants to keep your business. Banks also offer personal loans or lines of credit, which can be used towards home upgrades, providing homeowners with an alternative to refinancing an existing mortagge, paying cash for or charging renovations to a credit card.

The drawbacks are simply that you are limited to the products and rates offered by your institution.

But with hundreds of mortgage products on the market, it's hard to know whether you are selecting the right one. Therefore, many Canadians are turning to mortgage brokers to help wade through the selection and save money.

An independent mortgage broker isn't tied to any financial institution and works

Shop around

 Before you sign up for a mortgage with any financial institution, shop around for the best rates and greatest repayment plan flexibility. Check out ratehub.ca for comparisons of the best mortgage rates in Canada among all financial institutions.

on behalf of you, the client, rather than the lender. Because they are not employees of any lending institution, mortgage brokers seek out the best mortgage options to suit your specific situation from a multitude of lenders — banks, trusts, private companies, or insurance firms. Brokers may also have access to mortgage products for purposes of refinancing or financing home improvements.

Mortgage brokers work directly with lenders, thus they can often get instant approvals and negotiate better rates and terms on your behalf.

When the broker matches a lender with a buyer and a mortgage is placed, the broker is paid by the lender, not the client. LESLEY SCORGE



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metr⊕ **HOUSE AND HOME** metronews.ca Thursday, September 12, 2013

Escape the day in a serene bathroom

Looking for a calming getaway at the end of the day? A serene bathroom is the way

So says leading paint brand CIL paint, which launched a Pinterest bathroom contest called My Search for Serenity to discover what decor items Canadians associate with serenity, and share ideas to create a bathroom refuge.

"Like it or not, everyone spends a fair amount of time in the bathroom," says Alison Goldman, brand manager for CIL. "It's the perfect opportunity to be alone, recharge and emerge refreshed. And how much more so when the space is designed to maximize relaxation?'

How do you create serenity in a bathroom? Goldman offers the following advice:

Flush away clutter: It's easy for toiletries to pile up, especially in shared bathrooms. To create a truly calming retreat, remove all visual distractions such as countertop clutter, crowded open shelving and busy wall displays. Invest in storage units



or decorative boxes to stow away health and beauty products, and help reduce stress levels. Use open shelving and cabinets for accessories like potted plants, scented candles, or fresh linens and tow-

els. Complete the decor with one or two soft watercolour paintings featuring calming scenes.

Splash on colour: Sand and sea tones like ocean blues and earthy neutrals are

good choices for a bathroom since they mimic the feel of a relaxing beach. With less wall space than other rooms, bathrooms are a perfect place to try deeper shades of colour, especially medium tones



that deliver a spa-like effect. Monochromatic tone-on-tone colour schemes also help create a cosy oasis. The look can be brightened up with colourful towels, fresh flowers and accessories.

Unplug your imagination: To truly unwind, model your bathroom after your own personal happy place. Draw

inspiration from a favourite travel destination, whether that be a tropical paradise, a cosy ski chalet or even your own backyard. Choose colours and accessories reminiscent of those memories. Even scents can be revived through a display of decorative soaps and lotions.

METRO NEWS SERVICES

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Trends. Decorate with themes that intrigue you

What do grand mansions, ocean liners, natural science and industrial metals have to do with decorating? Experts predict that the latest home decor trends will demon-strate one or more of these special interests.

Indeed, as home fashion begins to reveal the newest looks for 2014, it is the influence of history, hobbies and the impact of nature that will be swaying our choices in paint colour, furniture pieces, and decorative art.

"It's an exciting oppor-tunity to express admiration for many aspects of the world around us," says Erika Woelfel, the director of colour for Behr Paints.

"Seaside Harmony is the open look of modern resort chic, where the colours of sun, surf, and sand come together in a relaxing mix. The cool palette of blue-green and white soothe the senses; a warm peach and white revives the spirit."

Urban Alternative, Woelfel continued, features inviting neutrals, especially olive and burnt orange.



"This style is inspired by time-honoured skills and craftsmanship in wood, metal, and stone work."

Grand Reign is your invitation to distinctive opulence and romantic glamour.

"Showcase a favourite room to reflect an exquisite residence from another place and time. Fascinate the eyes with luxurious detail, colour, and ornamentation. You can do it with a rich and masculine look, or make it delicate and feminine. The idea is to capture the imagination with

a sense of romance and mys-

tery."
The Natural Avocation theme, Woelfel said, gives the spotlight to your hobby, adding a sophisticated touch to your home.

"You might choose the world of science and nature expressed with local and exotic flora and fauna motifs. Botany, geology, archaeology and celestial events give the curious mind a rich experience — one that especially comes alive with colour.'

CFL

Duvernay-Tardif pegged as top 2014 draft prospect

The CFL Scouting Bureau has listed Laurent Duvernay-Tardif of the McGill Redmen as the top prospect for the 2014 Canadian college draft.

The six-foot-five, 305-pound Duvernay-Tardif was one of four offensive linemen named Wednesday in the September rankings list of the top 15 draft prospects.

St. Francis Xavier University receiver Devon Bailey was ranked second and Montreal University offensive lineman David Foucault was third.

The next ranking list will be released after the Canadian Interuniversity Sport football season is complete. THE CANADIAN PRESS

NHL

Sabres sign Hodgson to multi-year deal

The Buffalo Sabres have re-signed centre Cody Hodgson to a multi-year contract a day before the team opens training camp. The Sabres announced

The Sabres announced the signing Wednesday after players reported for physicals. Hodgson was already in Buffalo and is expected to be present for the team's first practice Thursday. THE ASSOCIATED PRESS

Plenty of ice time to go around in London

OHL. With record number of NHL camp invitees scattered across North America, Knights undermanned for Friday's game



DAVE LANGFORD dave.langford@metro

Two London Knights are back from NHL camps, but that's not enough to keep the OHL team's management from hanging out the "Players Wanted" sign.

"We will have three lines and four D (defencemen) Friday night." Knights coach Dale Hunter said, only half kidding, after Wednesday's practice.

The Knights sent a team record 17 players to camps this year and 15 are still wandering the streets of Toronto, Montreal, Tampa and several other NHL cities.

In any other season, the Knights would have been able to recall players from their two junior B teams — London Nationals and St. Thomas Stars — to flesh out their roster for Friday night's home exhibition game against the Plymouth Whalers.

But the two junior B teams play each other Friday night.

"They are playing a league game. We wouldn't do that to them," Hunter said.

"We're just going to be a little bit short."

And to make matters worse, only one of the two returning players will dress for the weekend games. The Knights and Plymouth play a rematch Saturday night in St. Thomas.

Defenceman Dakota Mermis, who's injured, will not dress for either game; forward Remi Elie will play both nights.

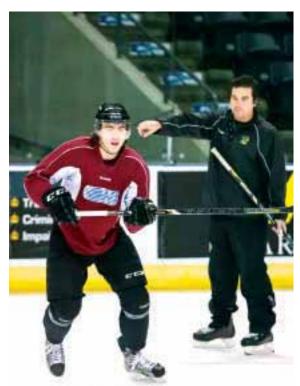
Mermis, a free agent, was a Columbus Blue Jacket camp invitee and Elie was a second-round pick of the Dallas Stars. Both played in the Traverse City, Mich., rookie tournament in which eight teams participated. "Nothing major," Hunter said of the Mermis injury. "Just not worth putting him in."

Both players said they enjoyed the rookie camp.

"The staff was great at letting us play to our strengths," Mermis said. "It was good to show myself to eight other teams."

Elie said the Stars had some simple advice when heading back to London.

"Just work on my skating. Work on my skills."



Knights' forward Remi Elie gets some close attention Wednesday from assistant coach Dylan Hunter in his first practice since returning from the Dallas Stars NHL rookie camp this week. MARK SPOWART/METRO

Kadri looking to pick up where he left off



For Londoner Nazem Kadri to hold out and miss the beginning of Toronto Maple Leafs training camp just did not make any sense to anyone, Kadri's agent Brian MacDonald said Wednesday.

MacDonald, of Siskinds Sports Management in London, said signing the \$5.8 million two-year deal was important to the Leafs organization and to his young superstar in waiting.

"Once you decide not to come to training camp and they start the exhibition games on the weekend, those exhibition games are going to go by really quick and the next pressure point is the start of the season," MacDonald told Metro.

"So when you start looking at everything and all the factors that are coming in, to

Quoted

"I am glad Brian and Nazem got it settled and he's ready to play hockey again."

Knights coach Dale Hunter, on Nazem Kadri and his agent Brian MacDonald

us it was extremely important that Nazem get into training camp, start working now so that when the puck drops he can continue on with what he has done last year."

London Knights head coach Dale Hunter, who calls Kadri a "special player," agreed with MacDonald.

"As an outside observer, as a player, as an ex-player, you don't want to miss camp," Hunter said.

MacDonald said the two

sides tried to keep the negotiations private, but there were "misconceptions" floating in the media. And that revolved around the six-year contract that was originally put forward by MacDonald and Kadri when asked by the Leafs to put an offer on the table.

But that was quickly removed and the two-year bridge contract was the only discussion point from the end of July moving forward.

"In the latter part of August, reports were coming out that we were asking for a John Tavares-type six-year contract. That was just not true at that point," MacDonald said.

"That was a misconception, and Nazem kind of took a little bit of offence to it."

DAVE LANGFORD/METRO



metronews.ca Thursday, September 12, 2013 metr⊕ **SPORTS**

Got what it takes, junior?

As NHL training camps get underway Wednesday, here's a look at six junior players with CHL eligibility remaining who could stick with their NHL teams: THE CANADIAN PRESS



Nathan MacKinnon. Avalanche

The top pick in June's draft doesn't have any uncertainty. He's going to be a big piece of Joe Sakic and Patrick Roy's Avalanche facelift. MacKinnon collected 32 goals and 43 assists in 44 games last season in Halifax. The question is how Colorado will juggle centres Ryan O'Rielly and Paul Stastny. A year after former QMJHL star Jonathan Huberdeau of the Florida Panthers won the Calder Trophy, MacKinnon goes into this season as the rookie-of-the-year favourite.

Seth Jones, **Predators**

Jones slipped to fourth in the draft behind MacKinnon, Aleksander Barkov and Jonathan Drouin, but the defenceman won't be eased into the NHL. It's possible he's a top-four player taking on big minutes for the Predators. Jones had 56 points for the Portland Winterhawks last year, his first and likely only season in the WHL.



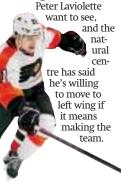


Jonathan Drouin, Liahtnina

Drouin was an even more prolific scorer for the Mooseheads than MacKinnon, and the Lightning will count on him right away. Vincent Lecavalier is gone after being bought out, and his offence will need to be replaced. Drouin is a left-winger, but just assembling a lot of young talent up front seems to be the plan for Tampa Bay general manager Steve Yzerman. At 18, Drouin has the skill to make a difference

Scott Laughton, **Flyers**

Caught in a numbers game coming out of the lockout last January, Laughton could fit right in with the Flyers like Sean Couturier did in 2011-12. The Oshawa Generals alum can play with the kind of edge GM Paul Holmgren and coach





Max Domi, Coyotes

It would take a stellar training camp and preseason, but Domi is a pure playmaker whose skills should transfer well to the NHL. His size might keep him from sticking around just yet, but if Dave Tippett wants a player who can provide a spark and Domi can prove he deserves more than a handful of minutes a night, the No. 12 pick in June could find a niche. The 18-year-old Domi had 87 points in 64 games for the London Knights last

Morgan Rielly, Maple Leafs

The Maple Leafs are in a tough spot with Rielly, who could go back to the WHL's Moose Jaw Warriors but may have outgrown junior. The mature 19-yearold defenceman has the



MLB

Yankees cut Jeter's season short

New York Yankees shortstop Derek Jeter will miss the rest of the season with an ankle injury, the team announced Wednesday.

Jeter last played Saturday against Boston. He was removed for a pinchrunner after hurting his left ankle, and although a CT scan was negative, Yankees general manager Brian Cashman said the shortstop will be shut down for the remainder of the year.

"This entire season has been a nightmare for me physically," Jeter said. "It's a fitting end."

Jeter, 39, started the year on the disabled list after breaking his left ankle in the 2012 playoffs. He returned to the DL twice more and played in only 17 games, batting .190 with one homer and seven RBIs.

His departure comes with New York in the thick of the AL wild-card

"It's very disappointing not to be able to play, especially at this time of year," Jeter said. "This is when I want to play the most." THE ASSOCIATED PRESS

NFL. Spiller hopes to find his legs after lacklustre opening to the season

C.J. Spiller refuses to let a season-opening dud get in the way of his pursuit to establish himself as one of the NFL's

So long as he keeps his hands on the ball and frustrations in check, the Buffalo Bills running back sees no reason for concern.

"There's no need to panic," he said after practice Wednesday. "The main thing for me is I can't get frustrated. I just have to keep a smile on my face, good or bad play, and move on. I think Sunday I showed a bad example of too much frustration in letting them dictate how I play."

Spiller's emotions spilled over in a 23-21 loss to the New England Patriots.

He was knocked off his game from the start, losing a fumble on the second play from scrimmage. It got worse two possessions later. Spiller acknowledged he briefly pulled himself off the field out of anger for being limited to an eight-yard run after getting tackled in the open by safety Steve Gregory.

"I kind of got frustrated right there in that moment, because I feel I should win that



The Bills' C.J. Spiller rushes against the Patriots in Buffalo on Sunday. OM SZCZERBOWSKI/GETTY IMAGES

battle every time," Spiller said. Add it up and the Bills' most dynamic threat finished with pedestrian numbers: 17 carries for 41 yards and five catches for 14 yards. It was a sluggish start for a player who spent much of the off-season believing he was capable of building off a breakout season last year, when he finished second in the NFL in averaging just over six yards per carry.

The Bills will host the Carolina Panthers (0-1) on Sunday. THE ASSOCIATED PRESS

MLB **AMERICAN LEAGUE**

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Wednesday's results Kansas City 6 Cleveland 2 Pittsburgh 7 Texas 5 N.Y. Yankees at Baltimore L.A. Angels at Toronto Boston at Tampa Bay Oakland at Minnesota Detroit at Chicago White Sox Houston at Seattle

Tuesday's results Kansas City 6 Cleveland 3 N.Y. Yankees 7 Baltimore 5 L.A. Angels 12 Toronto 6 Boston 2 Tampa Bay 0 Pittsburgh 5 Texas 4 Minnesota 4 Oakland 3 Detroit 9 Chicago White Sox 1 Houston 13 Seattle 2

Thursday's games All times Eastern

(Danks 4-12), 8:10 p.m.

Oakland (Griffin 13-9) at Minnesota (Diamond 5-10), 1:10 p.m. N.Y. Yankees (Huff 2-1) at Baltimore (Chen

L.A. Angels (Richards 6-6) at Toronto (Happ

4-5), 7:07 p.m. Boston (Peavy 11-5) at Tampa Bay (Hellickson 11-8), 7:10 p.m. Cleveland (Kluber 8-5) at Chicago White Sox

NATIONAL LEAGUE

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Wednesday's results

Cincinnati 6 Chicago Cubs 0 San Francisco 4 Colorado 3 San Diego at Philadelphia, 7:05 p.m. Atlanta at Miami, 7:10 p.m.
Washington at N.Y. Mets, 7:10 p.m.
Milwaukee at St. Louis, 8:15 p.m. Arizona at L.A. Dodgers, 10:10 p.m. Tuesday's results San Diego 8 Philadelphia 2 Chicago Cubs 9 Cincinnati 1 Atlanta 4 Miami 3 Washington 6 N.Y. Mets 3 St. Louis 4 Milwaukee 2 L.A. Dodgers 5 Arizona 3 (11) Colorado 9 San Francisco 8

All times Fastern

(Greinke 14-3), 10:10 p.m.

Atlanta (Garcia 0-1) at Miami (Eovaldi 3-6), 12:40 p.m. Washington (Roark 5-0) at N.Y. Mets (Harang 0-0), 1:10 p.m. San Diego (Ross 3-7) at Philadelphia (Halladay 3-4), 7:05 p.m. Chicago Cubs (Rusin 2-3) at Pittsburgh (Locke 9-5), 7:05 p.m. Milwaukee (Thornburg 1-1) at St. Louis (Kelly 8-3), 8:15 p.m. San Francisco (Cain 8-9) at L.A. Dodgers

CFL EAST 290 266 245 217 259 12 277 10 285 8 Winnipeg WEST Saskatchewan 10 2 0 2 0 4 0 9 0 320 265 234 246 16

Calgary B.C. Edmonton WEEK 12 Friday's game — All times Eastern Hamilton at Calgary, 9 p.m.

Saturday's games Winnipeg at Edmonton, 6:30 p.m. Toronto at Saskatchewan, 9:30 p.m.

Sunday's game Montreal at B.C., 4:30 p.m.

Monday's results Philadelphia 33 Washington 27 Houston 31 San Diego 28

Thursday's game — All times Eastern N.Y. Jets at New England, 8:25 p.m.

Sunday's games Carolina at Buffalo, 1 p.m. Dallas at Kansas City, 1 p.m. San Diego at Philadelphia, 1 p.m. Miami at Indianapolis, 1 p.m. St. Louis at Atlanta, 1 p.m. Washington at Green Bay, 1 p.m. Cleveland at Baltimore, 1 p.m. Tennessee at Houston, 1 p.m. Minnesota at Chicago, 1 p.m. Detroit at Arizona, 4:05 p.m. New Orleans at Tampa Bay, 4:05 p.m. Denver at N.Y. Giants, 4:25 p.m. Jacksonville at Oakland, 4:25 p.m. San Francisco at Seattle, 8:30 p.m.

Monday, September 16 Pittsburgh at Cincinnati, 8:40 p.m.

MLS

Wednesday's result Chicago at Toronto Friday's game All times Eastern Salt Lake at Seattle, 10 p.m.

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

↑ Aries

March 21 - April 20

If you're not in the mood for work then don't push it. Your perspective on life is changing and because of that you may find it hard to focus on one thing at a time. It's no big deal.

Taurus

April 21 - May 21

Anything of a serious nature should be left until tomorrow or even the weekend because you won't be able to give it your best shot today. Come tomorrow, you may decide it's not worth any kind of shot.

II Gemini May 22 - June 21

A domestic problem requires a solution and the only way you are going to find it is by giving the situation your full attention. Don't let sob stories steer you away from the truth.

9 Cancer June 22 - July 23

Let everyone know what you think and let everyone know that you are not the sort who can be easily fooled. A positive, confident attitude will work wonders today, even if you are trembling a bit on the inside.

$\mathbf{\Omega}$ Leo July 24 - Aug. 23

You are worrying too much about your finances. Yes, of course, you have bills to pay but dwelling on it won't solve your cash flow issues. Get out there and make some money.

W Virgo Aug. 24 - Sept. 23

It may at times seem as if the world is a hostile place but it's not as bad as you think. Make an effort to see the good things, and good people, around you today. You'll feel better on every level.

△ Libra

Sept. 24 - Oct. 23

Whatever your aims in life, the most important thing you can do right now is make others happy. You have a gift for making people smile. Use it.

M Scorpio Oct. 24 - Nov. 22

No matter what bad things may be going on in the world, you are fortunate enough to be surrounded by people who genuinely care for you. They think you're special, and you are. Treat them special, too.

プ Sagittarius Nov. 23 - Dec. 21

Don't let others' negativity rub off on you. You do best when you are cheerful, so steer clear of those who seem to enjoy wallowing in despair.

り Capricorn Dec. 22 - Jan. 20

A small act of kindness on your part will make a big difference to someone you interact with today. Don't just go through the motions. Connect with them. It's about being human.

Aquarius Jan. 21 - Feb. 19

Sometimes you take life too seriously and that seems to be your main problem at the moment. Yes, of course, things could be better but, on the other hand, are they really so bad? It depends how you look at the world.

H Pisces Feb. 20 - March 20

A loved one's words may be jumbled and hard to understand but make the effort anyway because once you "get" the message they are trying to convey, you will see how relevant it is to you. Listen and learn. SALLY BROMPTON

Crossword: Canada Across and Down

Across

- 1. Orange covering 5. Shoe type
- 9. Feigned flattery
- 14. Interest
- 15. Famous spy, Mata
- __ (Not difficult 16. school course, in
- slana)
- 17. "Say it so!" 18. 1997 Radiohead
- album: 2 wds. 20. Cuisine of Quebec: Tourtieres are
- what?: 2 wds. 22. In jeopardy: 2 wds.
- 23. Suffix with 'Auction
- 24. Unfeigned 25. Beginning of Longfellow's poem Evangeline: A Tale of Acadie... "This is the
- 32. Cock-a-doodledoo time
- 33. Goo Goo Dolls hit 34. Singer Ms. Mou-
- skouri 35. Switch selections
- 39. Single
- 40. Many a moon
- 43. Lazybones
- others: 2 wds.
- 48. Phoned
- serious?!"

40

- 36. Triangular spicilystuffed pastries
- 42. Ho Chi __ City
- 45. Garlic press, and
- 49. Texter's "Are you
- 50. Happen
- 53. Band that covered Joni Mitchell's song "This Flight Tonight"
- 58. Type of agent: 2 wds.
- 60. Repeat 61. The J. __ Band

pany

- 62. Cosmetics com-
- 63. Actress Ms. Gray

64. Accounting firm, & Young

59

65. Sprightlinesses 66. "You __ My Battleship!"

Down

- 1. Refined
- 2. Informality
- 3. Famous volcano
- vour' in Canada has that 'Flavor' in The States doesn't)

(What 'Fla-

63

- 5. Sunday performers 6. Toronto's water, Ontario
- 7. Creatures of

- 8. Armani fragrance,
- folklore
- ter Joe Clark) 11. Sparkling wine city of Italy

Acqua Di

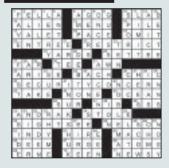
9. Nose part

10. Ms. McTeer (Wife

of 16th Prime Minis-

12. Whiskey grains 13. Mr. Wahlberg 19. Ms. Tomei of

- movies
- 21. Friends, in slang 24. Country song-
- stress Ms. Yearwood 25. Mushrooms, as
- examples
- 26. Commencement 27. "Bad" by Blue
- Rodeo
- 28. Pitchfork part
- 29. Bank safe 30. Author Ms. Rice's
- 31. Hideaway
- 32. Drench
- 37. Betters 38. Greek alphabet's
- 41. Monk's manu-
- scripts
- 44. Donald Suther-
- land movie, "Six __ of
- Separation" (1993) 46. Most hearty
- 47. Amounts in egg
- cartons
- 50. Cheer on 51. Not ever, poetic-
- ally
- 52. Gladly 53. Place for pews
- 54. Perched on
- 55. Stockings shade
- 56. Watered down
- 57. Use the car's horn
- 59. Pencil's noise-ondesk sound



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	2	3	8	5	1	4	8	7
6	4	7	9	2	3	5	1	В
5	8	1	4	7	6	9	2	3
4	7	6		1	9	8	3	2
0	3	2	7	4	5	1	9	6
+	6	9	2	3	8	7	6	4
3	1	4		8		6	7	9
9	2	8	1	6	2	3	4	5
7	5	6	3	9	4	2	8	1

	1		8					4
			3				5	7
3	5		2					
	6		7	4		1		9
4		9		2	5		8	
					9		7	6
8	4				2			
-								

Today 22 /6 Showers //// 40N



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